

Test your makeup in the heat

Record product names, amounts, order and times. Change one thing in the next trial.

Illustrative product codes; write full brand and product names in your own record.

1 SETTING AND TIMING

Date / times

12 Jun · 10:00 / 12:00 / 14:00

Place, heat, humidity, airflow

Humid outdoors, break indoors

Activity / contact points

Walking, glasses, phone

2 PRODUCTS AND LAYERS

Skin care / SPF: name, amount

M1 moisturiser, 1 pump; S1 SPF50, label dose

Base / powder: name, amount

F1 base, 1 pump; P1 powder, nose only

Eyes / lips: name, amount

Sky High Waterproof, 1 coat; L1 lipstick

3 CHECK AT THE SAME STAGES

Area	10:00	12:00	14:00	Action / effect
Forehead, nose	Even	Shiny	Shiny	Blotted; base intact
Upper lip	Even	Sweat	Coverage shifted	Blotted; little concealer
Cheeks	Even	Even	Even	No touch-up
Eyes, lashes	Dry	Dry	Side mark	Check lid contact
Lips	Even	After lunch	Refreshed	Own lipstick
Glasses / contact	Clear	Nose-pad mark	Nose-pad mark	Less base next trial

4 PLAN THE NEXT TRIAL

What you observed

Base moves under the nose pad.

One change to test

Use less base on the bridge.

What to check again

Same glasses; midpoint and end photos.

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Your blank record

1 SETTING AND TIMING

Date / times	Place, heat, humidity, airflow	Activity / contact points
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2 PRODUCTS AND LAYERS

Skin care / SPF: name, amount	Base / powder: name, amount	Eyes / lips: name, amount
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3 CHECK AT THE SAME STAGES

Area	Start / time	Mid / time	End / time	Action / effect
Forehead, nose				
Upper lip				
Cheeks				
Eyes, lashes				
Lips				
Glasses / contact				

4 PLAN THE NEXT TRIAL

What you observed	One change to test	What to check again
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